



By MISS LYNN JOHNSTON
Home Economist

THE HOMEMAKER

CONVENIENCE FOODS

The items in this article were priced during the week of April 17, 1971 in various centres. Keep in mind that prices will vary from season to season, city to city and even store to store.

Our supermarkets today have roughly 8,000 items on their shelves. Dr. Chapman with the Food and Drug Directorate in Ottawa predicts that there will be 12,000 items on the shelves by 1978. Convenience foods are taking over more and more shelf space.

Convenience foods refer to "foods which have been added to the basic ingredients to reduce the amount of preparation required in the home." Convenience foods save time, energy, and in some cases money.

The USDA conducted a survey on convenience foods in 1963 and found the (1) use of instant coffee increased by 15%, (2) ready-to-eat breakfast cereal per capita increased by 30%, (3) use of commercially processed soup at home increased. It was also estimated that three out of ten food dollars were spent on convenience foods in this survey.

Convenience foods do have their but another carry-over is convenience food prices. Convenience foods cost more than fresh foods they would have if they had prepared them from scratch in your kitchen. These were some comparative costs:

Premixed pancakes — 24¢ more than the home-made product.
Frozen apple pie — 62¢ more.
Frozen chicken dinner — about 15¢ more.

Other convenience foods that were found to be cheaper were: Frozen orange juice cost 19¢ for four servings and took 2 minutes to prepare. Home squeezed fresh orange juice cost 41¢ and took 4 minutes to prepare.

Milk, as you know, is a necessary food item for every home. Homogenized milk is sold in quart, half-gallon and one-gallon packages. It was estimated that a family with two children could save at least \$2.00 a year by using

skim milk powder instead of using homogenized milk.
Skim milk powder is very convenient to have on hand especially when you've been away for the weekend or on holidays. I have some excellent pamphlets in the office with recipes using skim milk powder.

Ready-To-Serve Cereals

41 different kinds of ready-to-serve cereals were counted on the shelves in one of the supermarkets which by the way, took up one whole aisle. I have yet to understand the logic behind having Corn Flakes available in 8, 12, and 16 oz. boxes and Rice Krispies in 9, 13, and 17 oz. boxes when they are both put out by the same company. Cooked cereal costs only about 15¢ per serving while ready-to-serve cereals cost at least 16¢ per serving.

It was found that it cost 16¢ more per lb. to be able to squeeze the corn syrup out of the plastic bottle compared to the syrup in the can. The 1 lb. container cost 37¢ and the 5 lb. can was priced at 83¢.

A cost comparison between frozen orange juice vs. canned orange juice vs. fresh oranges showed up as follows: (1) Frozen orange juice was priced at 24¢ for 6oz. cans which makes up into 50 fl. oz. and works out to between 8-9¢ per serving. (2) Canned orange juice was priced at 51¢ for 48 oz. which works out to 10¢ per serving. (3) Fresh oranges were priced at 79¢ per bushel, so if you allow 12 oranges per person this works out to 7-14¢ per serving.

In instant coffee brands are certainly taking more shelf space these days. According to an article in Consumer Reports, instant coffee works out to less than 1¢ per serving. One brand of regular ground coffee was priced at 9¢ per 3½ oz. One pound of instant coffee serves up to 75 people which works out to over 13¢ per serving. There is more waste when using regular ground coffee.

The ordinary white pear rice available in the 16 oz. box which requires about 15 minutes cooking was priced at 81¢ for 64 oz., while "instant" rice was priced at 33¢ for 7 oz. On a per ounce basis, the regular rice works out to 14¢ per oz. while the instant rice works out to 4¢ per ounce.

If you are interested in more information on food buyman'ship please let me know.

INSTALLATION

On May 11, 1971 the following ladies were installed to serve the incumbent term 1971-72. They were installed by District Deputy Violet Wavrean and assisted by E. Nelson.

Honorary Royal Lady — Anna Bodich, Immediate Past Honored Royal Lady — May Bowman; Lecturing Lady — Pat Rypien; Loyal Lady — Caroline Holky; Associate Royal Lady — Marion Amelt; Secretary — Irene Filidilo; Treasurer — Marjorie Schull; Conductors — Cecile Machalski; Chaplin — Hilda Caroe.

Women's Page

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All brand name quality goods — Wide selection of styles and colors

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Think a bit about Alberta.
Think a bit about 'Blue'.

And smile.



Labatt's
PILSENER BEER
call for a 'Blue'

Lions Bingo Winners

The winners of the Coleman Lions Bingo on May 19, 1971 are:

\$50.00 — Murrel-Russell.

\$25.00 — Mrs. Jensen and Mary Alkinson and Marg Schultz.

\$15.00 — Jean Shannon, Ann Hurak and Mrs. Joyce Robertson.

\$10.00 — Rina Jean Beeth, Mrs. Roughhead Sr. and Ferna Longille.

\$8.00 — Marie Kinnear and Nora Goding.

\$5.00 — Mrs. Szoke, Lois Krokosky and Kil Garner.

\$3.00 — Martin Ulrich, Mrs. A. Biogun, John Kinnear and Mrs. Plessi.

Ann Hurtak was the winner of the Collier Percolator.

Former Colman Resident Dies

May 13th, 1971, Edmund Raymond Emiel (Eddy) Belter, aged 34 years, beloved husband of Mrs. Iris B. Belter and dear father of Wendy, Teresa and Lisa, 3223, 40 Street S.W., Calgary.

He is also survived by his parents, Mr. and Mrs. Paul B. Belter of Coleman, Alberta, and one sister, Mrs. K. Hugh (Anita) Olson, Edmonton.

Born at Cadomin, Alberta, where he received his elementary and junior high school education, and in 1951 moved with his parents to Coleman, where he received his high school education. He then moved to Edmonton and was employed with International Harvester Co. of Canada Ltd. for five years, and then attended the University of Alberta, and for the past two years was employed with the Calgary School Board as a welding instructor at the Ernest Manning high school.

Parishioners and friends met for prayers at Leyden's "Chapel of Remembrance". Funeral mass was celebrated at Holy Name Catholic Church on Saturday. Interment followed at St. Mary's Cemetery.

ROXY THEATRE

Tuesday and Wednesday

June 1 and 2

"HONEYMOON KILLERS"

Restricted Adult

Shirley Strifer - Tony Lombardo

True Detective

Thursday and Friday

JUNE 3 and 4

"MARLOWE"

Adult - Not Suitable For Children

James Garner, Gayle Hunnicutt

Detective

Saturday and Monday

JUNE 5 and 7

"LONG RIDE FROM HELL"

Restricted Adult

Steve Reeves - Western

Special Matinee

SATURDAY at 2:00 p.m.

"EYE FOR AN EYE"

Adult

Weekend

Tuesday and Wednesday

JUNE 8 and 9

"RUN RABBIT, RUN"

Restricted Adult

James Caan - Anjanette Comer

Thursday and Friday

JUNE 10 and 11

"CHANGE OF MIND"

Adult - Plus

Fight Pictures — Highlights

"FRAZIER AND CLAY"

Saturday, Monday, Tuesday and Wednesday

JUNE 12, 14, 15 and 16

"HELLO DOLLY"

Family

Barbra Streisand and

Walter Matthau

Show Time, Saturday Evening

6:30 p.m. and 9:00 p.m.

Thursday and Friday

JUNE 17 and 18

"BASALINO"

Adult

Alain Delon - Jean Paul Belmondo

Gangster Story

COLEMAN SOCIAL

Mrs. M. Van Donk and Mrs. R. P. were recent Lethbridge visitors.

Mr. R. Jenkins has returned to Coleman after being in Victoria. Mr. J. (Jock) Ramsey has returned to the Crowns Nest Pass after staying in Vancouver.

Mr. and Mrs. H. McKerry and son John, from Spokane, visited Mrs. L. Gingras. They were enroute to Calgary.

Mr. and Mrs. W. Gate recently visited their daughter and son-in-law, Mr. and Mrs. W. Shields in Cranbrook.

Mrs. M. Oliva has spent a holiday in Calgary and Vancouver, with her sons and family.

Mr. and Mrs. H. Nelson and Mr. and Mrs. R. Tiffin visited at Vancouver and Victoria.

Mr. and Mrs. J. Caddick from Calgary visited the latter's mother, Mrs. R. Holly.

Mr. and Mrs. C. Roughhead and their daughter Elaine were accompanied by Mr. and Mrs. S. Penny as they attended the graduation of William (Billy) in Calgary.

Mrs. H. Anderson visited at Calgary with her daughter and son-in-law Mr. and Mrs. Masson.

Mr. and Mrs. W. Vincent visited their daughter Thelma, in Calgary.

NOTICE

An organization meeting of the South District Executive Committee of the A.A.R.N. was held recently at the Nurses' Residence, Medicine Hat General Hospital, Medicine Hat, Alberta.

Members of the executive for 1971 are as follows:

President — Mrs. Inez Kelly, Lethbridge.

Vice-president — Miss Florence Kubinec, Lethbridge.

Secretary — Mrs. Kay Montgomery, Lethbridge.

Treasurer — Mrs. Dorothy Orr, Brooks.

Councillor — Mrs. Lois Giroux, Medicine Hat.

Public Relations — Mrs. Ethel Ross, Lethbridge.

The chairman of the Standing Committees are as follows:

Nursing Education — Mrs. Joan Scholdra, Lethbridge.

Supervisory Nurses — Mrs. Helen Ferens, Lethbridge.

Nursing Service — Mrs. M. De-coux, Blairmore.

Staff Nurses — Mrs. Val Zwicker, Medicine Hat.

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Mrs. B. Bond visited her son-in-law and daughter at Okla.

Mr. and Mrs. V. Fontana and daughter visited the latter's mother, Mrs. J. Rogers.

Mr. and Mrs. R. Dimmer of Fernie, visited Mrs. T. Holstead.

Mr. and Mrs. L. Gingras and family of Calgary, visited with the former's mother Mrs. L. Gingras.

Mrs. M. Anle was a visitor to Calgary, where she stayed with her sister, Mrs. A. McLeod.

Mrs. S. Lapache holidayed in Vancouver.

Mrs. P. Fontana of Lethbridge

is a patient in the Crowns Nest Pass Hospital. Old friends in Coleman wish her a speedy recovery.

Mrs. L. Gingras visited in Calgary with her son and daughter-in-law.

Mrs. L. Tiffin and family of Calgary, visited with the former's parents, Mr. and Mrs. L. Tiffin.

Mrs. Goulding visited two sons and their families in Calgary.

Mrs. M. DePiero has returned to her old homeland, Italy.

Crow's Nest Pass Band Concert

— Conductor — FRANK EDL

At Horace Allen School in Coleman on

SUNDAY, MAY 30 — 8:00 p.m.

At Isabelle Sellen School in Blairmore on

SUNDAY, JUNE 6 — 8:00 p.m.

— SILVER COLLECTION —

— Come Out And Support Your Community Band —



St. Paul's United Church
Rev. Bob Smith.
9:30 a.m.

Sunday school for Grade 3 and up is being held in the Horace Allen school Mondays at 3:30 p.m.

Grades 1 and 2 will hold their classes at the Coleman United Church club room.

Coleman Christian Assembly

Family Bible Hour—11 a.m.
Lord's Supper—12:30 p.m.
Evening service—7 p.m.
Holding Fast the Faithful Word—Titus 1:9
Holding forth the Word of Life—Philippians 2:16.



Coleman Elks
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Elks' Hall, Coleman

on
MAY 28, 1971 - 8 p.m.

ADMISSION: \$1.00

12 Games - Bonus Cards 25¢

\$110 in 53 Numbers

Two \$25 Jackpots To Go

\$10 Extra Bingo Card

Winner to receive \$2 extra for each extra card he holds.

9 OTHER CASH GAMES

NEXT COLEMAN LIONS

BINGO

WEDNESDAY, JUNE 2, 1971

ELKS' HALL - 8:00 P.M.

— 14 GAMES OR MORE —

6-\$10 - 4-\$15 - 2-\$25 - 1-\$50

— \$25.00 In 6 Numbers —

1 - Extra Prize Game

If attendance is 140 or more we will play for an extra \$25 cash game.

Forests - Big Part Of CNP Economy

National Forest Week is a national observance held at this time in May each year to focus public attention on their dependence on Canada's forests and their personal responsibility for its wise use.

The week is sponsored nationally by the Canadian Forestry Association and regionally by its member provincial forestry associations.

National Forest Week should concern us greatly. The forests are of economic benefit and they also contribute to the scenic grandeur which draws thousands to British Columbia.

The need to preserve this heritage is more than ever apparent and when talking about preserving our forests, it is important to recognize that there are constant changes going on in nature and some of these have major and continuing impact on the appearance and composition of our forest land.

Change which is constantly taking place is that due variations in climate. Only 15,000 years ago, most of Canada lay under a thick coating of ice as the last ice-age receded. Many of our major water systems owe their existing patterns to the way this icecap scoured the land. As the ice melted, much of the dry land was gradually occupied by trees and plants from the south and from areas of northwestern Canada that had escaped this last ice invasion. Pioneer species of trees were frequently followed by others and continuous changes due to climate have been taking place in forest composition since this great phenomenon began 15,000 years ago.

Forest fires, too, had an early influence on the forest as lightning sometimes set them afire, and burned unhindered over thousands of square miles.

Insect attacks and disease are other natural phenomena which have had continuous influence over vast regions while gale-force winds, floods and other natural disasters oftentimes produced sudden and large changes in the forest environment.

Man's activities have also caused great changes in our forest land. Early native man used fire as one way of hunting wild game or preparing the ground for primitive farm crops. Settlers cleared land helped by fire and, of course, created permanent changes in the landscape as forests were converted to farms and as towns, roads and other human works accompanied settlement.

In many ways, contrary to popular opinion, man's activities in forest use will produce less permanent changes to our forest landscape than both natural phenomena and other activities such as agriculture or settlement. Under proper forest management practice, forest can be constantly renewed and this can take place within the broad and changing balance which nature herself produces.

Postage Increase Unpopular With Public

Just whether the Canadian public will stand for the proposed increase in postage rates, with the present mediocre service and autocratic arrogance of postal employees and officialdom is very questionable.

The post office people are not the servants of the people at present, but the people are the servants of the postal department and employees.

Recent complaints of local citizens and also tests made by ourselves indicate it takes three days for a business letter to arrive in Vancouver and the same for a personal letter to a residence in Calgary. We fail to understand how increased postages will increase the service as indicated by the government if the present set-up is not up-graded. In fact one could hitch-hike to both cities and arrive long before a letter arrived.

And, as usual, the post office department is never wrong about its operations but has a long list of public excuses hinged on the premise of an investigation resulting two weeks later with a "regret letter . . . and sorry for the inconvenience".

The Trudeau government has, through its clumsy efforts of mediocrity to pressure, made a complete mess of the postal department and seems incompetent of handling the postal unions militant leaders.

From the first public criticism of the government's announcement about the proposed postal hike it would appear as if the government cannot come up with better liaison and service between the public and the post office. It could mean the beginning of the Liberal government's cookie crumbling.

THE COLEMAN JOURNAL

THE ONLY NEWSPAPER IN THE WORLD THAT
GIVES A DAMN ABOUT COLEMAN

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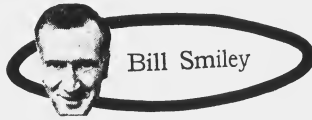
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Bill Smiley

Giving A Speech Bad As Hearing It

Last week I mentioned making a speech to the Vimy Branch, Canadian Legion, and what a treat it was to be able to get up and talk about the stupidity of senior officers.

Normally, I loathe making speeches almost as much as I detest listening to them.

As a former weekly reporter-editor, a cold, wet, grey blanket comes down over my spirit at the fateful words, "And now, I give you our guest speaker."

That's the signal. Some guest speakers you couldn't "give" to a starting group of cannibals.

I have been "given" dunderheads and dolts, politicians and politicos, pipe-squeaks, pedagogues and presidents, farmers and philosophers.

Not once have I been inspired, uplifted or convinced. On a very few occasions I have been mildly amused, although almost never by professional humorists, who always seem so intent on keeping their tongues in their cheeks that you begin to feel that somewhere in the process they have bitten them off.

That's the receiving end. The delivering end is just as bad. It follows a fairly pat format.

You are called up, or written

to, by the secretary of some organization which you've never heard of, and told they'd like to have you as guest speaker at some function you have no interest in, at some place you have no idea of how to get to.

This is the moment to say, loud and clear, "Thank you; I am deeply honored, but I can't possibly make it." Any wavering, and you're in trouble.

The professional guest speaker, and there are a few about, chooses that moment to lay down his cards. He says, "Well, I might be able to fit that in on that date, but I'll have to consult my calendar." He consults his calendar which is blank for weeks. He calls back, "Yes, I could make it. My fee is \$75. Plus expenses."

This produces an agonized pause, if you're on the phone. Then comes a plaintive, "Oh, Yes. Well, uh, as you know, uh, we're a non-profit organization, and we don't have much money, and we thought you'd just come along and give us a little talk. You know, just anything. Uh, how would \$10 expenses be?" And in a burst of enthusiasm, "And bring your wife along. Her dinner would be free, of course."

This is always what clinches it in a couple of years.

with me. A last minute invitation for my wife. And a free dinner for her. Big deal.

Some people love to speak. To anybody. They have one speech, which they've memorized. They have two jokes, invariably inserted with the prefix, "That reminds me of a little story . . ." It didn't and the story has nothing to do with anything.

But for half an hour, and sometimes, Lord help us, for 45 minutes, these speakers the cynosure of all eyes, except those which are closed in slumber. And every end is attained to them. Except those with the hearing aids turned off. They back it is neater and ambrosia to them, even though it may be lukewarm coffee and cold porridge to their listeners.

Good luck to them. For me, it's torment. It's like a Saturday night bash, whether you need it or not.

About every two years, I make a speech, whether I need it or not. I'm proving something to myself.

This time it was different. Vimy Branch is the way I like it. They meet only twice a year, for a real smash. They have no club rooms, no flags, no lugubrious mutterings about "At the setting of the sun, we shall remember them." Instead, they have their own hand, which smashes out the "tunes of glory" at a volume that is exceeded only by their enthusiasm and skill.

The chaps took the insults well. Their hospitality was gracious, unobtrusive and generous: a hotel room, a cheque for expenses, and a crock of my choice. My wife was not thrown in as an afterthought.

Maybe I'll make another speech in a couple of years.

gathering of outstanding young people.

Lastly, Hinton Chief of Police, Dodge Clark, has been seeking out knowledge at the Canadian Police College in the National Capital for several weeks.

I have been delighted to be able to spend some time with each of these visitors.

The warm months usually bring increased numbers of people through Ottawa, and Rocky Mtn. riding always contributes to this influx.



PRODUCER—Toronto-born James Murray, executive producer of CBC-TV's long-running (nine seasons), multi-award-winning Nature of Things series will be at the helm of The Living Arctic, the second of two CBC White Paper documentaries to be telecast this season. The two-hour color production, filmed throughout Canada's vast northern regions, will focus on the virgin arctic.



"My goodness, this is a surprise! I didn't know that you people skied!"

The New Society

The RCMP highway patrol had stopped on the highway, the constable got out and conversed with a youthful boy and girl attired in the fantastic hippie get-up of long hair, head bands, baggy-gaudy clothes and dilapidated valises. They were "thumping a ride."

Out of curiosity I turned around and drove back, stopped and after introducing myself talked to the pair, who in spite of their weird get-ups had fine features and both spoke excellent English.

The girl was 19 years old and from Calgary, the boy 22 years old and from Winnipeg. After wintering in Calgary they were making their way to the coast to join thousands of other hippies.

But it was their philosophy of life which was disturbing. They wanted nothing to do with the present generation — our ways, our laws, our government, or our ethics and ideals. They appeared to be the nomads of Canada.

The girl whose name was Mary — was a first year University of Alberta drop-out. The boy a graduate of an Ontario technical school had a certificate qualifying him as a diesel mechanic and technician.

Neither had any regrets at leaving good homes, modern conveniences, or were they looking for employment. Both wanted a life away from the rules, regulations and "persecutions" of present day society. They were quick to admit this society should look after their basic needs such as food, shelter, and other material comforts, but as far as a return for such services they would give or offer nothing.

In answer to the question of "hippie militancy and vandalism" both felt such measures were the only means at their disposal of attracting attention to their plight. Just what their plight actually was never was explained.

But it was the morals of this disturbed generation which proved not only questionable but at times hard to understand. The boy proudly showed needle marks on his arm, the girl had taken several LSD trips and was hospitalized on one occasion from such a trip.

In the "communes" they both said soft drugs could be bad for the asking. Hard narcotics was a different question. To secure the means to obtain hard drugs, professionals taught them the "knack of shop-lifting, pick-pocket techniques, soliciting in the form of prostitution, pimping and so forth. The merchandise or ill-gotten monetary gains were split evenly amongst "hippies" groups active in the rackets, and merchandise was fenced to shady characters in an underground movement evidently beyond the arms of the law.

Sex in communes is something that is not considered a sin or immoral. "It is a way of life" said the girl. "Modern birth control methods have taken the scare out of pregnancy and most male hippies think more of drugs than of women," she said.

However, venereal disease is one fear of the "hippies" as well as other contagious diseases caused by unclean personal habits and habitats. It is especially bad in the winter months, the boy called Peter said, and all "hippies" use provincial health services for "hit and miss" check-ups.

In general it would appear these "hippies" are united in a co-existence with our society against a new generation in an atmosphere of drug culture. Both boy and girl admitted a large percentage of "hippies" are emotional wrecks incapable of living in any type of society. Others are intelligent people such as university graduates, professional people who offer services free and who talk the "hippie" lingo. If a "hippie" is hospitalized in Alberta a team of sociologists try and straighten out the mental thinking of the patient with a hope they will return home. In most cases this fails, the girl said.

The boy scorned education and its certificates or degree upon completion of a course. His own case could not win him a job. The girl had family problems such as home discipline, protective parents against sex, drugs, liquor etc., which all parents try to educate discipline their children against by discussion.

"We are part of a large Canadian segment of population which your generation has no room for," the girl said. "We are caught in schools which show no guidance or help in matters of counselling. We are just numbers to everyone."

"It's just like this," the boy said, "when you ask for a job, business people ask what kind of a degree you have, who your parents are, police records, where did you work last and after answering all these questions there is no job."

"We are getting stronger every year," the girl said. "We might take years to have our say how society should not act, but we'll make it if we have to become communists," the boy agreed.

When asked if they sought guidance and exactly what they wanted the present day society to do, with all the social legislation now available for Canadians, they answered.

There is no one to give us guidance. The governments are a failure in this field. The call us unemployed, unworried, just plain "hippies", was the answer. As to what they desired from life was a society in which they could formulate and operate their own values, institutions and religion. Everywhere we go, we are swallowed up by the greater society and we hate this.

Asked if they would ever return to the present decent way of life with at least pseudo-morals as a guideline — they both said "no". Their parents were not too interested and a taste of freedom without worry and a life of living on an arrogant society seemed to be to their liking.

They have no hard feelings to the questions in fact they seemed pleased to have their attitudes known and made public.

The life of a "hippie" is something hard to understand. However, sociologists cannot write off a youthful movement with communist philosophies.

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COLEMAN, ALTA.



COLEMAN LEGION

BINGO

FRIDAY, JUNE 4, 1971

14 GAMES

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\$100 Jackpot in 56 Numbers

2 \$25 Prizes
10 \$10 Prizes

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LETHBRIDGE, ALTA.

104 Students Receive Diplomas

One hundred and four students were members of the first graduation class from the Crow's Nest Consolidated High School. This class of 1971 used the theme "Pirate's Gold".

Four hundred and sixty-five students and parents attended a banquet before the ceremonies.

Valedictorian was Miss Rosemarie Bacovsky and emcee was Mr. Allen, school principal.

Guest speaker for the evening was Father Claire Watrin, counsellor at the Lethbridge Catholic Central High School.

Toast to the Queen was given by Ronald Krywolt; to the school board by Michael Edie with response by Mrs. Lloyd; toast to the teachers by Miss Lois Fortunato with response by Mr. Price, vice-principal; toast to the grads was given by Mr. Schilling, response by Kirk Muspratt; toast to the parents by David Truch with response by Mrs. P. Truch.

Vocal soloists for the occasion were Kellie Paul and Valli Giacomuzzi.

The "last will and testament"

Bridal Shower

Miss Janice Kinnear, daughter of Mr. and Mrs. Bill Kinnear of Coleman, was honored recently at a lovely shower held on her behalf in the Coleman Catholic Hall.

Whist and bingo was played by approximately 80 guests who were in attendance. This was followed by a delicious lunch served by the hostesses.

The bride-elect was the recipient of many gifts including a vacuum cleaner, breakfast set, electric fry pan, toaster and canister set.

Miss Kinnear will become the bride of Mr. Bob Reeve on June 26.

was delivered by Michael Edie, Steven Taylor and Kirk Muspratt.

The graduation class made a presentation to Horace Allen, school principal who will retire at the end of the school year.

Following the ceremony a grand march was held under the guidance of Mrs. Serra. Parents had an enjoyable hour of dancing with the graduates to the music of the 45's.

The student dance followed with music by the "Snow".

IN PERSON

Tommy Scott's

COUNTRY CIRCUS STAGE SHOW

COLEMAN SPORTS ARENA

Tuesday, June 1st - 7 p.m.

COLONEL TIM MCCOY & WILD WEST

STARS OF RADIO — RECORDS — MOVIES — "TV"

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OFFICE OF THE SECRETARY-TREASURER
TOWN OF COLEMAN

In 1970, sewer was made compulsory. Section 241, subsection 2 of the Municipal Government Act states that if the owner fails, neglects or refuses to do so within such period of time as may be fixed by the Council, the municipality may enter upon the land and building erection or structure concerned, and make such connection and charge the cost thereof against the land, building, erection or structure concerned in the same manner as taxes and with the same priority as to lien and to payment thereof as in the case of ordinary municipal taxes.

A few people opposed the idea of sewer compulsory and therefore, left the Council with no alternative but to seek other means of financing the system.

Section 158, subsection 3, of the Municipal Taxation Act, authorizes Council, where the first assessment for any local improvement provides insufficient or invalid, an additional or new assessment or assessments may be made until sufficient moneys have been realized to pay for the local improvement.

Effective January 1, 1971, the sewer frontage tax will be increased by \$21.00 per year.

Council revised sewer service charge to read as follows:

Reducing the sewer charge from \$3.50 - \$1.75.

TO USERS ONLY

Effective June 1, 1971, the sewer service charge will be \$1.75 per month for Single Family Dwellings under By-Law No. 405A. Commercial sewer service charge will be reduced by \$1.75 in accordance with By-Law No. 405A.

The Council of the Town of Coleman wish to advise that those who qualify for a sewer service charge refund, make proper application at the Town Office.

CLARENCE F. SCHULE,
Secretary-Treasurer.

NOTICE OF HEARING AND PROPOSED DEVELOPMENT CONTROL BY-LAW

Town of Coleman

Take notice that By-Law No. 408 of the Town of Coleman has been introduced into Council and been given first reading. The proposed By-Law will replace Zoning By-Law No. 266 and will be consistent with The Planning Act as amended. The By-Law authorizes the Council of the Town of Coleman to exercise development control within the limits of the Town. It prescribes the manner in which development control shall be exercised with the aim of insuring that a general plan has been prepared and adopted, development within the Town shall be orderly and economical and in keeping with the general plan being prepared.

A copy of the proposed Development Control By-Law No. 408 may be inspected at the office of the Secretary-Treasurer of the Town of Coleman during normal office hours.

A public hearing on the proposed By-Law will be held at the Office of the Town of Coleman on Tuesday, June 8, 1971, at 7:00 p.m. for the purpose of hearing opinions of and objections to the proposed By-Law.

DATED at Coleman, Alberta this 5th day of May A.D. 1971.

C. F. Schule,
Secretary-Treasurer,
Town of Coleman,
Coleman, Alberta.

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LEGISLATURE REPORT

By DON SELLAR and KEVIN PETERSON
(Of The Calgary Herald)

Solid debating skills and some clever procedural tricks have allowed the 16-man Conservative Opposition to steal the spotlight from the government during the closing days of the current Legislature session.

In the space of the last week, as Social Credit announced it wanted, the Tories seized the initiative on the issues of unemployment, the ombudsman and the proposed \$38 million ceiling on provincial grants to local governments.

In each case, the Opposition struck hard, used the rules to their advantage and kept the government front-benchers scrambling to fend off the attacks which sprang from all directions.

Opposition leader Peter Lougheed kicked off the first offensive by demanding an emergency debate on Alberta's rising unemployment rate.

Armed with March figures which showed 6.8 per cent of the labor force — 42,000 people — were jobless, Mr. Lougheed said the monthly total was the worst since the province began keeping such statistics in 1966. On top of that, Alberta showed a 5 per cent jump between February and March while almost every other province registered substantial decreases.

Labor Minister Ray Reinson said the province's labor force had increased by 11,000 during the month, while the unemployed total was up only 4,000. Then the Scored dominated House voted down Mr. Lougheed's request for the debate.

Undaunted, the Tories once again took the lead in debate by proposing that embattled Ombudsman George B. McClellan be requested to appear in the Legislature "for the first time in his four-year term."

It took three standing votes before the issue was resolved with the government's acceptance of the Tory suggestion. Mr. Lougheed convinced the Scoreds that members should have an opportunity to quiz the Ombudsman about his duties in the wake of a government-ordered inquiry which criticized Mr. McClellan for being biased.

Mr. Lougheed's own point in the debate said the Ombudsman should be "a servant of the Legislature" and not under the government's thumb. In particular, he blasted the Scoreds for calling the inquiry without obtaining House approval.

This action, he said, means the government has turned Mr. McClellan into "a minor official of the government under the control of the government and imposture."

The third major confrontation of the week came when the Conservatives pressed for a delay in consideration of the government's bill to impose a ceiling on municipal grants from oil royalties.

Two Tory attempts to stall the bill ended in failure, but gave the Opposition an excellent opportunity to state the case for public hearing on important legislation. The government said the public hearings weren't required, and scored some points of its own by noting Alberta's per capita municipal assistance is higher than that of any other province in Canada.

**Coleman Man
K.C. Prize Winner**

Fifteen winners and ticket sellers were named by the Knights of Columbus 1971 state charity appeal in British Columbia.

The list shows Alberta Ogunlew, box 40, Colesburg, Alberta, as a winner and Albert Ogunlew as the seller.

SPORTSMAN wishes to buy acreage, large or small, suitable for hunting or fishing. No buildings. Please send details and legal description to C. Wood, Box 38, Station 5, Toronto, Ontario.

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★ HOROSCOPE ★

THIS IS YOUR LIFE
By TRENT VARRO

ARIES — March 21 to April 20
Aries individuals should start life has in store for you is beginning to make itself felt. There are gains, but the best thing to do is hold your temper! You'll gain in the long run, if you follow this advice.

TAURUS — April 21 to May 20
The planets are giving much support to new ventures now. There may be a tendency to become a little TOO aggressive, but this will smooth itself out nicely by the end of the month.

GEMINI — May 21 to June 20
You may find your patience being tried very strongly this week. Obviously, the best thing to do is hold your temper! You'll gain in the long run, if you follow this advice.

CANCER — June 21 to July 21
A great deal of activity is indicated for Cancer. Social functions of all sorts are highlighted. Many friends and well-wishers will surround you for the coming week.

LEO — July 22 to August 21
This coming week may well mark one of the turning points in your career. There is much gain indicated, if you will listen to your own conscience. Don't be afraid of the truth!

VIRGO — August 22 to Sept. 21
Soft lights and sweet music! Should set the stage for a most enjoyable time. Right now is no time to be worrying over what has gone before. Enjoy yourself, and LIVE!

Canada's boreal forest extends from Newfoundland to Alaska. The spruce budworm, jack-pine budworm and larch sawfly were the major Canada-wide forest insect problems in 1970.

LIBRA — Sept. 22 to October 22
A "new awakening" as to what life has in store for you is beginning to make itself felt. There are still some frustrating obstacles to overcome, but they'll diminish rapidly.

SCORPIO — Oct. 23 to Nov. 21
Be reasonable in all things and you'll find yourself on the road to success. There is a tremendous benefit coming your way if you are sensible at this time. Be extra careful in traffic.

SAGITTARIUS Nov. 22 to Dec. 20
The spot of trouble you have been in will blow over soon. Look for better things to happen. You'll get support for many phases of your life. Watch money matters.

CAPRICORN — Dec. 21 to Jan. 19
While your business sense is still "sharp as a pin" you may start to see some storm clouds appearing on the financial scene. You would be wise to prepare for this now.

AQUARIUS — Jan. 20 to Feb. 18
There is much in common right now for Aquarius, as in the sign of Scorpio. You should read the Scorpio chart and benefit by it. Good times are ahead, but don't get too impatient.

PISCES — Feb. 19 to March 20
There's a distinct possibility that you'll be selling some property shortly, but make SURE you get competent legal advice from a good lawyer before taking any sudden action.

Even a very small amount of burned wood when mixed with sound fibre will show up as a black spot in finished paper. Twigs of Yellow Birch have wintergreen taste.

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